



Kids Night Out

A Fun Friday Night!

Go to dinner and a movie while your kids have a night out with their friends!

Join us for a themed night every month!

Fun evenings can include swimming, arts and crafts, fitness, canvas painting, or cooking. Includes dinner.

Kids Night Out is held on the third Friday of every month.

Ages 2-10

\$25.00 Members
\$30.00 Non Members
\$20.00 Additional Children

Register at worcestersfitness.com/kids-night-out or at Member Services



2019 Kids Nights | 5PM - 8PM

January 18th: Summer In Winter!
Pool Party and Summer Craft

February 15th: Littlest Chef's Night!
Build your own tacos and smoothies

March 15th: Kids Fit Night!
Energetic evening with a Certified Trainer

April 19th: Game Night!
Minute to Win It Challenges & Games

May 17th Paint Night!
Lady Bug themed canvas painting

June 21st: Kick off to Summer Party!
Pool Party

July 19th: Movie Night-Winter in July!
Viewing of Little Foot

August 16th: Kids Fit Night!
Energetic evening with a Certified Trainer

September 20th: Kids Yoga!
Bend, stretch, breath, smile

October 18th: Halloween Party!
Tricks, Treats, & Costumes

November 15th: Paint Night!
Sugar pumpkin painting event

December 20th: Holiday Party!
Viewing of the 2018 Grinch